

## Long-Term Care...Did You Know?

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- At age 65, people face at least a 40% risk of entering a nursing home at some point in their lifetime and about 10% will have a stay of five years or longer.

(Source: AHIP, A Guide to Long-Term Care Insurance, 2004)

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- Because women generally outlive men by several years, they face a 50% greater likelihood than men of entering a nursing home after age 65.

(Source: AHIP, A Guide to Long-Term Care Insurance, 2004)

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- The average daily rate in 2008 for a private room in a nursing home was \$212, about the same as in 2007.

(Source: 2008 MetLife Market Survey of Nursing Home & Assisted Living Costs)

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- The average length of a nursing home stay is about 2.4 years.
- (Source: CDC/NCHS Health Care in America, Trends in Utilization; U.S. Department of Health and Human Services; January 2004)
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- At an average daily rate of \$212, an average nursing home stay of 2.4 years currently costs about \$186,000, making it virtually unaffordable for many Americans.
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