

Long-Term Care...Did You Know?

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- At age 65, people face at least a 40% risk of entering a nursing home at some point in their lifetime and about 10% will have a stay of five years or longer.

(Source: AHIP, A Guide to Long-Term Care Insurance, 2004)

- Because women generally outlive men by several years, they face a 50% greater likelihood than men of entering a nursing home after age 65.

(Source: AHIP, A Guide to Long-Term Care Insurance, 2004)

- The average daily rate in 2009 for a private room in a nursing home was \$219, a 3.3% increase over the \$212 daily rate in 2008.

(Source: 2009 MetLife Market Survey of Nursing Home, Assisted Living, Adult Day Services and Home Care Costs)

- The average length of a nursing home stay is about 2.4 years.

(Source: CDC/NCHS Health Care in America, Trends in Utilization; U.S. Department of Health and Human Services; January 2004)

- At an average daily rate of \$219, an average nursing home stay of 2.4 years currently costs over \$190,000, making it virtually unaffordable for many Americans.
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